

GO Health Services
NHS Grampian Occupational Health Service
Foresterhill Lea Building, Foresterhill Health Campus, Aberdeen AB25 2YZ
Tel 01224 553663

School of Medicine & Dentistry

Guidelines for Healthcare Students Exposed to Blood Borne Viruses in Placement Within NHS Grampian

Immediate actions:

- First aid - Gently squeeze wound (**do not suck**), wash affected area with soap and water (**do not scrub**), rinse mucous membranes with warm water (**do not swallow**), cover broken skin with waterproof dressing
- Assess exposure and if it is a penetrating injury / exposure of broken skin / exposure of mucous membranes, including the eye, to blood or other body fluids
- Please contact **GO Health Services on 01224 553663** for initial risk assessment as soon as possible
- Ask Nurse/person in charge to report incident to the school via Datix.

For a significant exposure:

If the source patient is identified and known to be positive to a blood borne virus (HIV, Hepatitis B and Hepatitis C)

- Please contact GO Health Services (Monday to Friday 8.30am – 4.30pm). **Out-with these hours** please attend the nearest A&E Department
- A risk assessment will be carried out. Prophylactic therapy, if indicated will be offered within one hour of contact.

If the source patient is identified

Senior doctor or nurse:

- Interviews the source patient
- Completes a risk assessment
- Obtains consent from the source patient for a blood sample to be tested for Hepatitis B, Hepatitis C and HIV. Consent should be documented in the patient's notes

- Sends the blood sample to Virology Lab marked 'Hepatitis B, Hepatitis C and HIV status. Results copied to GO Health Services.

Contact GO Health Services to arrange an appointment as a blood sample for storage is required and a risk assessment will be carried out regarding follow up.

If source patient is identified but status is unknown

Senior doctor or nurse:

- Interviews the source patient
- Completes a risk assessment
- Obtains consent from the source patient for a blood sample to be tested for Hepatitis B, Hepatitis C and HIV. Consent should be documented in the patient's notes
- Sends the blood sample to Virology Lab marked 'Hepatitis B, Hepatitis C and HIV status. Results copied to GO Health Services.

Attend the nearest A&E department or contact GO Health Services to arrange an appointment as a blood sample for storage is required and a risk assessment will be carried out regarding follow up.

A blood sample will be taken from you, labelled "**for storage only - not for testing**". This storage sample will be stored in the NHS laboratory.

You will be assessed regarding the need for Hepatitis B and HIV post exposure prophylaxis.

If source patient is unknown

Attend the nearest A&E department or contact GO Health Services to arrange an appointment as a blood sample for storage is required and a risk assessment will be carried out regarding follow up.

A blood sample will be taken from you, labelled "**for storage only - not for testing**". This storage sample will be stored in the NHS laboratory.

You will be assessed regarding the need for Hepatitis B and HIV post exposure prophylaxis.